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MAY EDITION | ISSUE 09 | INSIGHT INTO THE KENYAN HOCKEY ECOSYSTEM



FIH | KHU



FIH - KHU

LEVEL 2 COACHING COURSE

KENYA



MAY 28 - JUNE 6, 2026

INSTRUCTOR:

GHAZANFER ALI

FIH EDUCATOR

www.kenyahockeyunion.org



The Kenya Hockey Union warmly welcomes Ghazanfer Ali, FIH High Performance Coach, to Kenya.

Over the next seven days, he will be working closely with our local coaches to prepare the Women's Team for the Olympic Qualifiers, strengthening their skills and confidence for the global stage.

In addition, during the final three days, he will lead the FIH Level 2 Coaching Course, equipping our coaches with advanced knowledge and tools to elevate hockey development in the country.

We are honored to host him and look forward to the lasting impact his expertise will bring to our players, coaches, and the wider hockey community.

Karibu Kenya, Ghazanfer Ali - together we build excellence in hockey.



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Secretary-General Message



Dear Players, Coaches, Officials, Fans,

As we usher in the new season, I extend a warm and heartfelt welcome to everyone who breathes life into our game. This year we celebrate renewal, resilience, and growth across our hockey fraternity.

To all clubs currently rebuilding – your dedication behind the scenes is commendable. Stay patient, disciplined, and focused; the rewards of your hard work will shine through.

Congratulations to the newly promoted Premier League sides – **University of Nairobi (UoN), JKUAT, Kisumu Youngstars, and Greensharks**. We wish you courage and success as you step into the top flight.

To the new clubs joining our national leagues, **karibuni sana**. We are delighted to welcome you into the fold and look forward to the energy and passion you will bring.

Let us play with respect, fairness, and courage. May this season be defined by fierce competition, memorable moments, and the spirit of community that continues to lift Kenyan hockey forward.

Wycliffe Ongori

Secretary General

Khu.



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Blue Ocean Chiefs Reign Supreme in Mombasa and win master series II

The Courtesy: Zahra Nakaya
For MCHA Communications

The coastal city of Mombasa was treated to a spectacular weekend of thrilling hockey action as the

KHU Masters Hockey Tournament Series II - 2026 came to a successful close at the historic Mombasa Sports Club on May 16th and 17th, 2026. In a cheerful atmosphere filled with passion and fierce competition, Blue Ocean Chiefs from Mombasa emerged as the undisputed champions of the prestigious masters tournament after delivering outstanding performances throughout the two-day event.

The tournament, organized by the Mombasa County Hockey Association (MCHA) in partnership with the Kenya Hockey Union, brought together

veteran hockey players from across Kenya in a celebration of experience, talent, and love for the sport.

Blue Ocean Chiefs thrilled home fans with their tactical discipline, teamwork, and resilience as they battled past strong opponents to secure the coveted title on home ground. Their triumph further cemented Mombasa's reputation as one of the country's strongest hockey regions.

At the end of the highly competitive tournament, Blue Ocean Chiefs claimed the top position, while Goan Institute from Nairobi secured an impressive second-place finish.

- Boaz Otieno was named the Best Goalkeeper of the Tournament
- Dorris Chepkirui walked away with the Best Female Player award.
- Friday Mathew emerged as the tournament's Top Scorer after consistently finding the back of the net.
- Daniel Kibaba was crowned the Ultimate Player of the Tournament for his all-around brilliance and influence during the competition.

Speaking after the tournament, MCHA President Mr. Oliver Mascarenhas praised the level of competition and applauded all the teams that participated and the champions for their remarkable achievement.

“Mombasa has always been a strong pillar in Kenya hockey, and seeing our local team emerge victorious in such a competitive tournament is a proud moment for the region. Ama kweli mcheza kwao hutuzwa,” said Mr. Oliver Mascarenhas.

Beyond the competition, the Masters tournament continued to emphasize the importance of keeping former players actively involved in the sport while inspiring and mentoring the younger generation of hockey players. The successful event was supported by sponsors and partners, including Daikyo Japan Motors, SimahMaize Meal, Ahmed Insurance Agency, Performance Hockey, Alpine Water, Bayleaf Hospital, Smart Choice Food Mart, Cream R&B East Africa, Memadau Solutions and Mombasa Sports Club who support helped deliver another

memorable hockey spectacle at the Coast.

With Blue Ocean Chiefs lifting the trophy in style and players showcasing immense talent and passion,

the KHU Masters Hockey Tournament Series II - 2026 once again lived up to its reputation as one of the most exciting and respected events on Kenya’s hockey calendar.



Daniel Kibaba - ultimate master



Greensharks masters. 2nd runners up





Sikh union creates history: 100 and Counting, New turf launched.

Nairobi, 2026 – Few clubs carry the weight of history and hope like Sikh Union Nairobi. As the club marks its 100th anniversary, it has unveiled a brand-new astro turf at Dashmesh Stadium, a striking blue surface that symbolizes renewal, ambition, and a bold step into the future.

The launch was more than an infrastructure upgrade – it was a statement of intent. For players, coaches, and supporters, the new turf is a motivator to aim higher, to chase gold, and to ensure Sikh Union's legacy continues to inspire generations.

The celebrations were not confined to speeches and ceremonies. Sikh Union turned its centenary into a festival of hockey, hosting a grand tournament across Kenton College and Dashmesh Stadium. The event drew teams from

across the globe – from Nigeria, Malaysia, the United Kingdom, and India – transforming Nairobi into a crossroads of cultures and competition. Matches were fierce, friendships were forged, and the atmosphere reflected the universal language of hockey: passion, skill, and respect.

True to its heritage, Sikh Union ensured that the Masters category had its own spotlight. Veteran players, many of whom shaped the club's golden years, returned to the pitch with pride. Their games carried a different rhythm – less about speed, more about wisdom – yet the intensity was unmistakable. For younger players, watching these legends compete was a reminder that hockey is not just about trophies, but about legacy,

mentorship, and continuity.

Founded in 1926, Sikh Union has been a pillar of Kenyan hockey, producing champions and nurturing youth. The centenary celebrations captured that dual identity: a club rooted in tradition yet unafraid to innovate. With the new turf now in place, Sikh Union is poised to host larger tournaments, attract international fixtures, and provide a world-class training ground for future stars. As the final whistle blew on the centenary tournament, one truth stood clear: Sikh Union's story is not just about the past hundred years, but about the promise of the next hundred. The blue turf is more than a pitch – it is a stage for dreams, a beacon of resilience, and a reminder that hockey's heartbeat in Nairobi remains strong.

The Masters semifinals opened with Nairobi Sikh Union putting on a clinic, dispatching Matador (Malaysia) 3-0 in a display of veteran brilliance. The second semi was a nail-biter: Satellites and London Gymkhana battled to a 1-1 draw before Satellites coolly slotted home in shootouts, 2-0.

In the regular competition, Round glass (India) flexed their muscles, thumping Satellites 7-2 – a score line that looked more like a cricket tally than hockey. Sikh Union, meanwhile, had to sweat it out in their semi, edging through 3-2 in a contest tighter than a goalkeeper's pads.

Bronze medals had their own flair: London Gymkhana outmuscled Matador to claim Masters bronze, while Satellites edged London Sikh Union 4-3 in a thriller worthy of popcorn to secure bronze in the main cup.

The Masters final was a golden moment for Sikh Union, who beat Satellites to lift the trophy and prove that experience really does age like fine wine. But in the main cup final, the Nairobi side couldn't quite bottle that vintage – Roundglass uncorked a 4-1 win, reminding everyone that dominance is best served chilled.

From dazzling Masters dominance to Round glass's main-cup fireworks, the Sikh Union centenary tournament had it all – goals, drama, shootouts, and bragging rights. Nairobi Sikh Union proved that age is just a number in the Masters, while Roundglass reminded everyone that in the main cup, numbers on the scoreboard matter most. In short: hockey was the winner, and the fans got a feast





Super League & National League Return: Relegation Battles and Fresh Ambitions Ignite

The wait is finally over. With fixtures now released, Kenya’s Super Hockey League and National Hockey League are back, promising another season of intense, high-stakes action across the country.

Two recently relegated teams have already sent strong signals of intent. KCA edged UON Cubs 1-0 in their opening fixture, while Twinkle delivered a statement result with an emphatic 6-0 victory over Black Tigress. Both clubs are determined to bounce straight back to the Premier League, and these early results suggest they mean business

Newly promoted Impala are gearing

up for the battles ahead, with hopes of climbing all the way to the Premier League. Meanwhile, MSC remain focused on reclaiming their spot at the top, determined to prove their resilience and pedigree

This season also marks the introduction of a new Southern Zone to the National League, joining the existing Western, Eastern, and Central zones. Fresh entrants such as the Ulinzi Patriots will be tested as they adapt to the demands of national league competition, adding new energy and

rivalries to the league.

The return of the Super League and National League isn’t just about fixtures on paper – it’s about the heartbeat of Kenyan hockey coming alive again. From clubs fighting their way back to the Premier League, to fresh faces stepping into the spotlight, every game carries the hopes of players, coaches, and fans who live for this sport.

This season will be full of sweat, spirit, and stories worth telling. Whether it’s redemption, ambition, or the thrill of a first win, hockey is back – and it’s here to remind us why we love the game. The journey starts now, and the pitch will write the story.



Premier League

There is a warm, electric hum around the KHU this season — a feeling that something meaningful is being rebuilt. Legends are returning to the touchlines, clubs are investing in infrastructure and youth, and newly promoted sides are arriving with fitness and belief. This campaign will be remembered not only for results but for the human stories behind them: mentorship, resilience, and the quiet work that turns promise into performance.

Old institutions and ambitious newcomers now share the same horizon. Sikh Union, celebrating a century of hockey, has unveiled a striking blue turf at Dashmesh Stadium — a tangible symbol of intent that has already lifted spirits and sharpened focus across the club. Lakers HC arrive as recent double winners, while Western

Jaguars carry the momentum of a 2024 title and continental silver. Across the league, clubs are treating domestic success as the first step toward continental credibility.

The G.O.A.T. Effect

This season's most compelling subplot is the return of the game's greats to mentorship and coaching roles. Figures like Nixon Nyangaga, Inderjit Matharu, and Zack Aura are sharing hard-won lessons in training sessions and strategy rooms. Their presence accelerates development, improves decision making under pressure, and restores standards that sustain success. The influence is practical and personal: young players train with purpose, coaches refine tactics with lived experience, and club cultures regain a sense of pride and direction.

Rising Stories and Resurgence

Kenya Police: After a few difficult seasons, Police are quietly rebuilding. Improved fitness programs, sharper recruitment and renewed structure have the club determined to reclaim its former standing.

Newly promoted ladies — UoN and JKUAT:

Both university sides bring athleticism and discipline. Their squads are fitter, hungrier and ready to press opponents from the first whistle. Expect them to set a high tempo and force established teams to adapt.



Warriors and other challengers:

Clubs such as Warriors, Wazalendo, Kenya police and sikh union for the men are bound to keep each other on check. Amira Sailors, Blazers, Strathmore Ladies and Kisumu Queens and Lakers each bring distinct momentum – from unbeaten promotions to tactical reinventions – ensuring the table will be competitive and unpredictable.











The league is trending toward proactive hockey: high pressing, quick transitions and an emphasis on fitness and squad rotation. Clubs that blend youthful energy with veteran leadership will have the edge. Beyond formations and drills, the season will be decided by character – how teams respond to setbacks, how mentors steady young players, and how communities rally behind their clubs.

This season is a reminder that sport is a living thing, fed by people who care. With G.O.A.T.s shaping the next generation, infrastructure investments like Sikh Union’s blue turf, and the fresh energy of promoted sides, the KHU is poised for a compelling chapter.

Expect tighter contests, bolder youth selections, and moments that will be talked about long after the final whistle. The real victory will be clubs that use this season’s inspiration to build something lasting.











Premier League Men PLM 2026

Calendar Player list

#	Teams	Pl	W	D	L	Diff	GD	Pts	Current form
1	 Sikh Union Nairobi	4	4	0	0	13 - 7	6	12	W W W W ?
2	 Wazalendo	4	3	1	0	10 - 6	4	10	D W W W ?
3	 Parklands Sports Club	5	3	1	1	8 - 6	2	10	W L D W W
4	 Western Jaguars	5	3	0	2	11 - 7	4	9	W L W W L
5	 Daikyo Heroes	3	2	0	1	9 - 8	1	6	W L W ? ?
6	 Kisumu Youngsters	5	2	0	3	6 - 7	-1	6	L W L L W
7	 Warriors	3	1	2	0	6 - 5	1	5	D D W ? ?
8	 Kenya Police	4	0	3	1	7 - 8	-1	3	D D D L ?
9	 USIU - A	6	0	1	5	7 - 14	-7	1	L L L L L
10	 Greensharks	5	0	0	5	1 - 10	-9	0	L L L L L

Premier League Women PLW 2026

Calendar Player list

#	Teams	Pl	W	D	L	Diff	GD	Pts	Current form
1	 Blazers Hockey Club	5	4	1	0	11 - 1	10	13	W W W W D
2	 USIU - A Ladies	5	2	3	0	4 - 1	3	9	D W D D W
3	 UON Ladies	4	1	2	1	3 - 3	0	5	L W D D ?
4	 Amira Sailors Hockey Club	3	1	1	1	1 - 3	-2	4	W L D ? ?
5	 Kisumu Queens	3	0	3	0	2 - 2	0	3	D D D ? ?
6	 Strathmore University Ladies	5	0	3	2	5 - 8	-3	3	D L L D D
7	 Lakers Hockey Club	3	0	2	1	1 - 2	-1	2	D D L ? ?
8	 Sliders Hockey Club	3	0	2	1	1 - 4	-3	2	D D L ? ?
9	 Kenyatta University Ladies	2	0	1	1	1 - 3	-2	1	L D ? ? ?
10	 JKUAT Ladies	1	0	0	1	0 - 2	-2	0	L ? ? ? ?



Determined:

Obama Hockey, a community story

By Meshack Mandela

Head coach Obama Hockey Academy

Obama Hockey Academy started back in 2020 during the COVID 19 pandemic era. We began with 7 kids and the academy has been growing ever since. Currently we are at around 130 young athletes who play and are normally eager to learn more about the sport.

Obama is a gated community at the east sides of Nairobi (Kayole Junction)....coming up with this foundation has really impacted the community I.e kids are busy and focused on training which helps them not to be distracted by bad habits and characters.

Other than hockey, we also

offer computer classes for the kids to understand more of the digital world. For the boys and girls we also have mental health programs for the kids and for the parents who have been a great help in the growth of the academy.

The academy has had 10 boy and 5 girls receive scholarships from different institutions in the country such as St. Anthony's boys' kitale and Ngiya girls who have proven to add value to the young athletes educational journey through sport.

The academy has produced young great talented and role models to the younger upcoming generations.

The future seems bright since we have athletes who love the game and want to be national team players.

Being a sporting country that has produced world stars over the years since in various sports, the boys and girls are inspired to keep working hard.



Kenya to host U18 Hockey 5s Africa, WC Qualifiers in August



The African Hockey Federation (AfHF) has confirmed that the U18 Africa Hockey 5s World Cup Qualifiers will take place from August 1st to 10th, 2026. This landmark event will decide which African youth teams earn the right to represent the continent at the FIH Hockey 5s World Cup in December 2026.

For Kenya, the qualifiers represent both a challenge and a golden opportunity. Hockey 5s has been steadily gaining momentum locally, embraced by schools, academies, and clubs as a fast-paced, modern format that excites players and fans alike. The qualifiers will be the ultimate test of how far our U18 teams have come – and how ready they are to step onto the global stage.

While the AfHF has confirmed the dates, the venue is still to be announced, adding anticipation as fans await confirmation of where Africa's brightest young talents will battle for World Cup spots.

Regardless of the final location, the event promises to showcase the energy, skill, and resilience of African hockey.

Kenya's U18 squads are already preparing through domestic platforms and training camps. Coaches are sharpening tactics, players are building fitness, and the hockey fraternity is rallying behind the youth. For many of these athletes, this will be their first taste of continental competition – a chance to prove themselves against Africa's best.

Kenya will compete against traditional powerhouses such as Egypt, South Africa, and Namibia, all of whom boast strong Hockey 5s programs.

secure Kenya's spot at the World Cup, giving our youth players invaluable international exposure and strengthening pathways toward Olympic participation.

The qualifiers will not only determine results but also shape the future of Hockey 5s in Africa. South Africa, Egypt, and Namibia are expected to feature strongly, yet Kenya's rise in the format has not gone unnoticed. Every match will be a proving ground, a chance to showcase skill, resilience, and the hunger to compete at the highest level.

The countdown has begun. From August 1st to 10th, Africa's youth will take center stage, and Kenya's U18 teams will fight for their place among the world's elite. The venue may yet to be confirmed, but the mission is clear: to rise, to compete, and to carry the dreams of a nation onto the world stage in December..



The hockey competition was nothing short of Electrifying. Both the boys' and girls' finals went to shootouts, a testament to the intensity and Competitiveness of the tournament. St Anthony's Kitale edged out Friends School Kamusinga (Fsk)

in the boys' final, while St Joseph's Kitale Overcame Nyamira Girls in the girls' final. Individual brilliance was also honored: MVPs included Reagan Meshack (FSK), Dickson Ndiraogu (Hospital HS), Gloria Okrnyuri (Mwiki Girls), and Judith Atieno (Nyamira Girls).

These awards not only motivated players but also reinforced KHU's reputation as a federation.



One of the most striking insights from the Kisumu edition was the role of development academies. All semi-finalist teams had players who began their journey in these academies, earned high school scholarships, and now aspire to progress to university through hockey.

These academies are quietly proving to be a powerful pathway to championships and academic opportunities. There is a clear call to action: register, support, and invest in these academies across varied aspects to sustain the pipeline of talent. Academies represented were Hesa, Kimilili panthers, Obama hockey, Tunza, Mombasa west amongst others.

Ruth Atieno (St Joseph's Kitale) and Leon Asigo (FSK) were named best goalkeepers, while

Valarie Joe (St Joseph's Kitale) and Kelvin Onyango (St Anthony's Kitale) emerged as top scorers.





Kenyan Coaches Complete FIH Level 2 Course under Ghazanfar Ali

Sixteen Kenyan coaches have successfully completed the ****FIH Level 2 Coaching Course****, earning certificates of attendance after four days of intensive learning from ****3rd to 6th June 2026****.

The course was led by Ghazanfar Ali, an FIH Educator and former Pakistani international** with over 250 caps, who spent ten days in Kenya working alongside the national women’s team coaches, to help the team in its preparation for La 2028 Olympics qualifiers. His visit was made possible through the partnership between NOCK Kenya and the Kenya Hockey Union (KHU).

Ali’s sessions introduced modern coaching frameworks emphasizing tactical awareness, player development, and effective communication. The participants described the experience as transformative – a chance to rethink how hockey is taught and played at all levels.

“I’ve learnt so much about teaching the right techniques and tactical awareness in games,” said Caroline Guchu, one of the participants, reflecting on the course’s impact.

Among the successful coaches were ****Kevin Lugalia, Jackie Mwangi, Willis Okeyo, Caroline Guchu, Dennis Owoka, Ndungu Njogu, Julius Masero, Glennis Namasake, Barnabas Odhiambo, Rose Mbulo, Josephine Ataro, Richard Wandera, Joseph Osino, Tracy Karanja, Wilson Otieno, and Willis Malesi**** – all of whom demonstrated commitment and enthusiasm throughout the program.

The initiative not only strengthened local coaching capacity but also reaffirmed Kenya’s commitment to aligning with international standards. With renewed energy and refined methods, these coaches are poised to elevate the game across schools, clubs, and national programs.

KHU extends its gratitude to NOCK Kenya and FIH and the FIH Academy for their continued support in advancing hockey education and performance development.